



WHAT TO BRING

We will meet at the Carriage House at 6:30 PM on Friday, March 9. You should eat dinner before you come. We will have a snack at the camp later that evening. Please do not bring a whole bunch of extra junk food with you.

The most basic goal of this retreat is to allow the members of the class to bond with one another and have time to reflect upon their own spiritual journeys in an atmosphere devoid of the distractions that are commonplace in the "real world." Therefore, you are to leave your cell phone at home.

The retreat is being held at Silver Lake Conference Center in Sharon, CT. We will be sleeping on bunk beds in a heated cabin, but many activities will be taking place outside, so make sure to come with appropriate attire. It could be 10-15 degrees colder at the camp.

Be sure to pack everything on this packing list. Be sure to bring your Bible. It's important to bring a water bottle, too. Do not bring camping supplies, such as saws, pocket knives, matches/lighters. Please pack in a soft-sided duffle bag.

We plan to return to Jesse Lee at noon on Sunday, March 12. Participants can be picked up at the conclusion of the 11:00 worship service.

Chaperones are Neal Bowes and Heather Mason. Please note, there is no cell service at the camp. In the event of an emergency at home, please contact us via the camp number listed on this page.

- Bible
- Notebook
- Pen / Pencil
- 2 Complete Changes of Clothes
- 1 Extra Pair of Pants
- 2 Extra Pairs of Socks
- Sweatshirt
- Indoor Shoes / Sneakers / Slippers
- Hikers / Boots / Old Sneakers
- Winter Coat
- Rain Gear
- Gloves
- Scarf
- Knit Cap
- Garbage Bag for Wet Clothes
- Sleeping Bag* or Sheets and Blankets
- Pillow*
- Pajamas / Sleeping Attire
- Flashlight
- Bath Towel, Washcloth
- Shampoo and Soap
- Deodorant
- Toothbrush and Toothpaste
- Comb / Brush
- Contact Lens Solution
- Tissues
- Water Bottle
- Medications ← *must be turned in*
All prescription medications must be turned in and have a medication instruction form (page 2) included.

* - pack your pillow and sleeping bag inside a garbage bag if they don't fit in your duffle.

DO NOT BRING

cell phones, video games, knives, matches/lighters, or your class book

Emergency Phone Numbers

Camp Kitchen: 860.364.4330

Keep this Page...Turn In the Next Page if You Have Medications



Medication Information Form

2018 Confirmation Retreat

March 9-11, 2018

Participant's Information

ONE PARTICIPANT PER FORM

Name: _____

Please List All Prescription Medications You Are Currently Taking

Name of Medication	Potency	Dosage Instructions
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- 1.
- 2.
- 3.
- 4.
- 5.

- 1. All prescription medications that are needed during this event must be turned in in their original containers. (Exceptions can be made for inhalers and EpiPens when the event coordinator is notified.)**
- 2. All medication containers are to be placed in a zipper-lock plastic bag, labeled with the participant's name.**
- 3. This completed information form must accompany the medication.**

Parent/Guardian Signature(s): _____ Date: _____